

# If you're concerned about your child's...

**Behaviour**



**Sleep**



**Continence**



**Diet**



**Emotional wellbeing**



**Your Public Health Nursing Team (School Nurses) offer advice clinics at school where you can access help and support.**



**The next clinic is on:** \_\_\_\_\_



**You can also use ChatHealth to text a Public Health Nurse for advice.**

- **Leicester: text 07520 615381**
- **Leicestershire/Rutland: text 07520 615382**



**ChatHealth is a secure messaging service which operates Monday-Friday, 9am - 5pm. During this period messages are responded to within 24 hours.**